

The following supplements may have beneficial effects and may be use in concurrently with other therapies.

Co Enzyme Q10 30 mg one to three times daily- improves cellular oxygenation.

Garlic 3x Enteric coated- improves the immune system

"FISHOL E.C." Omega-3 activated essential fatty acid is an excellent source of good eicosanoids, essential for good health.

Proteolytic enzymes (bromalains and chymotrypsin) One of each three times daily.

Selenium 200 mcg daily- improves immune system function.

Mega-Vitamin Kit contains all essential vitamins & minerals a kit of three bottles, 90 capsules in each. One capsule of each daily.

Resveratrol: 3 capsules, 3 times daily

Calcium Ascorbate powder (Vitamin C) ½ teaspoon three times daily.

Mega-Dol-mite (Calcium, Magnesium and Potassium- may prevent precancerous cells becoming cancerous.

Zinc- 50 mg daily- promotes a healthy immune system.

Medicinal Mushrooms: 1 capsule, 3 times daily.

Have an adequate intake of protein, 3 parts protein and 4 parts of carbohydrates, which includes fruits and vegetables. Use only virgin olive oil. Use no trans-fats or hydrogenated oils.